



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Raub, Frank

Club: Bundeswehr
Number: 82

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 22:36

Speed: 13.27 km/h
Running performance: 4:31 min/km

Rank in course/Total: 36 (of 131)

Rank in course/Men: 33 (of 92)

Best time in course: 15:33

Rank in category: 21(of 70)

Best time in the category: 15:33