



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Raub, Sebastian

Club: Sparkasse Unstrut Hainich
Number: 107

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 23:14

Speed: 12.91 km/h
Running performance: 4:39 min/km

Rank in course/Total: 41 (of 131)

Rank in course/Men: 37 (of 92)

Best time in course: 15:33

Rank in category: 24(of 70)

Best time in the category: 15:33