



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Carius, Rene

Club: Mühlhausen  
Number: 21

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 23:35

Speed: 12.72 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 46 (of 131)

Rank in course/Men: 40 (of 92)

Best time in course: 15:33

Rank in category: 27(of 70)

Best time in the category: 15:33