



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Tiffert, Nadine

Club: Mühlhausen
Number: 133

Course: 5.00 km
5 km-Lauf

Category:
Frauen

Total time: 24:30

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 60 (of 131)

Rank in course/Women: 12 (of 39)

Best time in course: 21:20

Rank in category: 3(of 25)

Best time in the category: 23:46