



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Lauterbach, Nathalie

Club: SV Creaton Großengottern

Number: 45

Course: 5.00 km

5 km-Lauf

Category:

Schülerinnen

Total time: 24:35

Speed: 12.20 km/h

Running performance: 4:55 min/km

Rank in course/Total: 62 (of 131)

Rank in course/Women: 13 (of 39)

Best time in course: 21:20

Rank in category: 9(of 12)

Best time in the category: 21:20