



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Lorenz, Birgit

Club: Sporthotel Mühlhausen  
Number: 46

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 25:24

Speed: 11.81 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 73 (of 131)

Rank in course/Women: 15 (of 39)

Best time in course: 21:20

Rank in category: 4(of 25)

Best time in the category: 23:46