



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Hammer, Uta

Club: Hainichläufer  
Number: 10

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 29:00

Speed: 10.34 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 105 (of 131)

Rank in course/Women: 28 (of 39)

Best time in course: 21:20

Rank in category: 15(of 25)

Best time in the category: 23:46