



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

**Kraus, Roman**

Club: Sparkasse UH  
Number: 42

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 30:05

Speed: 9.97 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 112 (of 131)

Rank in course/Men: 81 (of 92)

Best time in course: 15:33

Rank in category: 61(of 70)

Best time in the category: 15:33