



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Lösekrug, Siegfried

Club: Hainichläufer

Number: 139

Course: 5.00 km

5 km-Lauf

Category:

Männer

Total time: 32:49

Speed: 9.14 km/h

Running performance: 6:34 min/km

Rank in course/Total: 119 (of 131)

Rank in course/Men: 86 (of 92)

Best time in course: 15:33

Rank in category: 65(of 70)

Best time in the category: 15:33