



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Görlach, Elisa

Club: Oppershausen

Number: 121

Course: 5.00 km

5 km-Lauf

Category:

Frauen

Total time: 32:56

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 121 (of 131)

Rank in course/Women: 35 (of 39)

Best time in course: 21:20

Rank in category: 21(of 25)

Best time in the category: 23:46