



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Förster, Rene

Club: Hardt - Runners
Number: 1639

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 38:38

Speed: 15.53 km/h
Running performance: 3:52 min/km

Rank in course/Total: 10 (of 189)

Rank in course/Men: 9 (of 151)

Best time in course: 32:11

Rank in category: 3(of 20)

Best time in the category: 37:09