



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Hesse, Uwe

Club: MRG-power-team  
Number: 1540

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 39:35

Speed: 15.16 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 17 (of 189)

Rank in course/Men: 16 (of 151)

Best time in course: 32:11

Rank in category: 1(of 10)

Best time in the category: 39:35