



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Gläser, Michael

Club: Bundeswehr
Number: 1567

Course: 10.00 km
Hauptlauf

Category:
Männer M20

Total time: 40:22

Speed: 14.86 km/h
Running performance: 4:02 min/km

Rank in course/Total: 20 (of 189)

Rank in course/Men: 18 (of 151)

Best time in course: 32:11

Rank in category: 7(of 42)

Best time in the category: 32:11