



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Allstädt, Dirk

Club: Mühlhausen
Number: 1678

Course: 10.00 km
Hauptlauf

Category:
Männer M20

Total time: 41:03

Speed: 14.62 km/h
Running performance: 4:07 min/km

Rank in course/Total: 24 (of 189)

Rank in course/Men: 22 (of 151)

Best time in course: 32:11

Rank in category: 8(of 42)

Best time in the category: 32:11