



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg  
Number: 1691

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 41:15

Speed: 14.55 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 29 (of 189)

Rank in course/Men: 26 (of 151)

Best time in course: 32:11

Rank in category: 6(of 21)

Best time in the category: 38:34