



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Heimann, Christian

Club: Bundeswehr

Number: 1573

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 41:24

Speed: 14.49 km/h

Running performance: 4:08 min/km

Rank in course/Total: 30 (of 189)

Rank in course/Men: 27 (of 151)

Best time in course: 32:11

Rank in category: 9(of 42)

Best time in the category: 32:11