



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Schmitz, Gerold

Club: Team Erdinger Alkoholfrei  
Number: 1537

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 42:19

Speed: 14.18 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 36 (of 189)

Rank in course/Men: 33 (of 151)

Best time in course: 32:11

Rank in category: 4(of 18)

Best time in the category: 38:48