



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Kramer, Sandra

Club: SV Rositz  
Number: 1584

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W35

Total time: 44:04

Speed: 13.62 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 52 (of 189)

Rank in course/Women: 4 (of 38)

Best time in course: 35:55

Rank in category: 1(of 6)

Best time in the category: 44:04