



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 1701

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 44:16

Speed: 13.55 km/h

Running performance: 4:26 min/km

Rank in course/Total: 54 (of 189)

Rank in course/Men: 50 (of 151)

Best time in course: 32:11

Rank in category: 7(of 18)

Best time in the category: 38:48