



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Dul, Pawel

Club: LG Bothenheilingen

Number: 1511

Course: 10.00 km

Hauptlauf

Category:

Männer M30

Total time: 44:41

Speed: 13.43 km/h

Running performance: 4:28 min/km

Rank in course/Total: 58 (of 189)

Rank in course/Men: 53 (of 151)

Best time in course: 32:11

Rank in category: 5(of 17)

Best time in the category: 37:33