



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Steinbrück, Martin

Club: Kassel

Number: 1686

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 45:17

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 63 (of 189)

Rank in course/Men: 58 (of 151)

Best time in course: 32:11

Rank in category: 16(of 42)

Best time in the category: 32:11