



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Arnold, Mario

Club: Flarchheim

Number: 1684

Course: 10.00 km

Hauptlauf

Category:

Jugend männlich

Total time: 45:45

Speed: 13.11 km/h

Running performance: 4:35 min/km

Rank in course/Total: 68 (of 189)

Rank in course/Men: 61 (of 151)

Best time in course: 32:11

Rank in category: 3(of 4)

Best time in the category: 34:44