



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Mende, Herbert

Club: Firma Rübsam
Number: 1716

Course: 10.00 km
Hauptlauf

Category:
Männer M55

Total time: 46:09

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 78 (of 189)

Rank in course/Men: 70 (of 151)

Best time in course: 32:11

Rank in category: 3(of 9)

Best time in the category: 44:52