



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Lehmann, Rico

Club: Bundeswehr  
Number: 1590

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 46:39

Speed: 12.86 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 84 (of 189)

Rank in course/Men: 76 (of 151)

Best time in course: 32:11

Rank in category: 21(of 42)

Best time in the category: 32:11