



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Görmar, Urte

Club: Niederdorla  
Number: 1522

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 47:15

Speed: 12.70 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 90 (of 189)

Rank in course/Women: 10 (of 38)

Best time in course: 35:55

Rank in category: 5(of 10)

Best time in the category: 40:14