



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen  
Number: 1527

Course: 10.00 km  
Hauptlauf

Category:  
Männer M70

Total time: 47:33

Speed: 12.62 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 94 (of 189)

Rank in course/Men: 84 (of 151)

Best time in course: 32:11

Rank in category: 1(of 2)

Best time in the category: 47:33