



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Kranz, Horst

Club: Sondershausen
Number: 1517

Course: 10.00 km
Hauptlauf

Category:
Männer M55

Total time: 47:33

Speed: 12.62 km/h
Running performance: 4:46 min/km

Rank in course/Total: 95 (of 189)

Rank in course/Men: 85 (of 151)

Best time in course: 32:11

Rank in category: 4(of 9)

Best time in the category: 44:52