



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Mahlstedt, Daniel

Club: Bundeswehr

Number: 1594

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 48:16

Speed: 12.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 100 (of 189)

Rank in course/Men: 90 (of 151)

Best time in course: 32:11

Rank in category: 26(of 42)

Best time in the category: 32:11