



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Pröger, Timo

Club: Bundeswehr
Number: 1600

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 48:21

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 101 (of 189)

Rank in course/Men: 91 (of 151)

Best time in course: 32:11

Rank in category: 8(of 17)

Best time in the category: 37:33