



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Gille, Wigbert

Club: VFL Hüpstedt  
Number: 1644

Course: 10.00 km  
Hauptlauf

Category:  
Männer M55

Total time: 48:24

Speed: 12.40 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 102 (of 189)

Rank in course/Men: 92 (of 151)

Best time in course: 32:11

Rank in category: 5(of 9)

Best time in the category: 44:52