



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Montag, Martin

Club: Mühlhausen  
Number: 1650

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 48:52

Speed: 12.28 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 105 (of 189)

Rank in course/Men: 95 (of 151)

Best time in course: 32:11

Rank in category: 18(of 21)

Best time in the category: 38:34