



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Heilwagen, Axel

Club: Mühlhausen  
Number: 1505

Course: 10.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 49:57

Speed: 12.01 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 115 (of 189)

Rank in course/Men: 102 (of 151)

Best time in course: 32:11

Rank in category: 10(of 17)

Best time in the category: 37:33