



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Bank, Ewald

Club: Uder

Number: 1633

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 50:21

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 119 (of 189)

Rank in course/Men: 104 (of 151)

Best time in course: 32:11

Rank in category: 7(of 9)

Best time in the category: 44:52