



14. Mühlhäuser Altstadtlauf
Mühlhausen / 28.08.2010

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen
Number: 1636

Course: 10.00 km
Hauptlauf

Category:
Frauen W50

Total time: 52:14

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 140 (of 189)

Rank in course/Women: 22 (of 38)

Best time in course: 35:55

Rank in category: 4(of 5)

Best time in the category: 44:17