



14. Mühlhäuser Altstadtlauf  
Mühlhausen / 28.08.2010

Detailed evaluation

Ziller, Ingo

Club: Bundeswehr  
Number: 1628

Course: 10.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 54:47

Speed: 10.95 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 158 (of 189)

Rank in course/Men: 134 (of 151)

Best time in course: 32:11

Rank in category: 37(of 42)

Best time in the category: 32:11