



## 7. Schierker Endurothon/ Finale Harzer MTB-Cup

Schierke / 28.08.2010

### Detailed evaluation

van der Sloot, Lars

Club: RC Bremen

Number: 631

Course: 69.00 km

Langstrecke

Category:

Senioren

Total time: 3:47:28

Speed: 18.20 km/h

Running performance: 3:18 min/km

Rank in course/Total: 3 (of 34)

Rank in course/Men: 3 (of 32)

Best time in course: 3:38:10

Rank in category: 1(of 11)

Best time in the category: 3:47:28