



## 7. Schierker Endurothon/ Finale Harzer MTB-Cup

Schierke / 28.08.2010

### Detailed evaluation

**Rokahr, Holger**

Club: Springe

Number: 615

Course: 69.00 km

Langstrecke

Category:

Senioren

Total time: 5:16:38

Speed: 13.08 km/h

Running performance: 4:35 min/km

Rank in course/Total: 24 (of 34)

Rank in course/Men: 24 (of 32)

Best time in course: 3:38:10

Rank in category: 8(of 11)

Best time in the category: 3:47:28