



2. Schiller-Staffellauf 2010

Rudolstadt / 28.08.2010

Detailed evaluation

fit&run Irrläufer

Number: 39

Course: 101.30 km

Schiller-Staffel

Category:

Männer

Total time: 8:44:31

Speed: 11.55 km/h

Running performance: 5:11 min/km

Rank in course: 8 (of 32)

Best time in course: 6:55:23

Rank in category: 8(of 25)

Best time in the category: 6:55:23

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schauenforst	17.10	1:33:07	5:26	12	17:45	14	17:45	17.10	1:33:07	5:26	18	0:57	25	
Maua	22.50	1:45:31	4:41	5	11:33	6	11:33	39.60	3:18:38	5:00	18	11:06	25	
Magdala	13.50	1:11:00	5:15	11	16:15	12	17:46	53.10	4:29:38	5:04	18	8:38	25	
Belvedere	11.00	53:55	4:54	7	12:46	8	12:46	64.10	5:23:33	5:02	18		25	
Blankenhain	13.30	1:06:53	5:01	6	12:25	6	12:25	77.40	6:30:26	5:02	18		25	
Luisenturm	14.00	1:02:07	4:26	5	6:29	5	6:29	91.40	7:32:33	4:57	18		25	
Rudolstadt	9.90	1:11:58	7:16	25	31:55	31	31:55	101.30	8:44:31	5:10	8	1:49:08	8	1:49:08