



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Böwing, Lea**

Club: Laurentiusschule Warendorf

Number: 355

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler C

Total time: 12:08

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 82 (of 158)

Rank in course/Women: 28 (of 74)

Best time in course: 9:38

Rank in category: 9(of 20)

Best time in the category: 10:42