



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Grove, Christoph**

Club: Overbergschule

Number: 266

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler C

Total time: 12:18

Speed: 9.76 km/h

Running performance: 5:21 min/km

Rank in course/Total: 85 (of 158)

Rank in course/Men: 55 (of 84)

Best time in course: 8:31

Rank in category: 18(of 23)

Best time in the category: 9:10