



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Thies, Simon

Club: Josef-Schule
Number: 378

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler C

Total time: 14:14

Speed: 8.43 km/h
Running performance: 6:11 min/km

Rank in course/Total: 118 (of 158)

Rank in course/Men: 70 (of 84)

Best time in course: 8:31

Rank in category: 21(of 23)

Best time in the category: 9:10