



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Gartz, Steffen

Club: Tus Freckenhorst
Number: 318

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler B

Total time: 10:03

Speed: 11.94 km/h
Running performance: 4:22 min/km

Rank in course/Total: 19 (of 158)

Rank in course/Men: 17 (of 84)

Best time in course: 8:31

Rank in category: 4(of 14)

Best time in the category: 9:20