



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Kröger, Maike

Club: LG Ems Warendorf

Number: 235

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler A

Total time: 11:18

Speed: 10.62 km/h

Running performance: 4:55 min/km

Rank in course/Total: 56 (of 158)

Rank in course/Women: 16 (of 74)

Best time in course: 9:38

Rank in category: 2(of 2)

Best time in the category: 10:51