



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Löhrs, Lukas

Club: VGS

Number: 363

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler B

Total time: 12:25

Speed: 9.66 km/h

Running performance: 5:24 min/km

Rank in course/Total: 87 (of 158)

Rank in course/Men: 56 (of 84)

Best time in course: 8:31

Rank in category: 10(of 14)

Best time in the category: 9:20