



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Böning, Marten

Club: Josefschule

Number: 353

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler D

Total time: 10:40

Speed: 11.25 km/h

Running performance: 4:38 min/km

Rank in course/Total: 35 (of 158)

Rank in course/Men: 28 (of 84)

Best time in course: 8:31

Rank in category: 12(of 42)

Best time in the category: 8:31