



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Baune, Andreas

Club: LSF Münster

Number: 666

Course: 5.00 km

Jedermannlauf

Category:

Männer M45

Total time: 23:36

Speed: 12.71 km/h

Running performance: 4:43 min/km

Rank in course/Total: 15 (of 64)

Rank in course/Men: 15 (of 45)

Best time in course: 17:19

Rank in category: 4(of 7)

Best time in the category: 20:18