



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Grothues, Lina

Club: Josef-Schule

Number: 338

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 11:09

Speed: 10.76 km/h

Running performance: 4:51 min/km

Rank in course/Total: 52 (of 158)

Rank in course/Women: 15 (of 74)

Best time in course: 9:38

Rank in category: 5(of 38)

Best time in the category: 9:38