



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Schlingmann, Christian

Club: Füchtorf
Number: 671

Course: 5.00 km
Jedermannlauf

Category:
Männer M20

Total time: 24:55

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course/Total: 24 (of 64)

Rank in course/Men: 24 (of 45)

Best time in course: 17:19

Rank in category: 3(of 7)

Best time in the category: 17:19