



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Auerswald, Kerstin

Club: LG Ems Warendorf  
Number: 604

Course: 5.00 km  
Jedermannlauf

Category:  
Frauen W40

Total time: 24:59

Speed: 12.01 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 25 (of 64)  
Rank in course/Women: 1 (of 19)  
Best time in course: 24:59

Rank in category: 1(of 3)  
Best time in the category: 24:59