



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Langer, Jens

Club: Warendorf

Number: 685

Course: 5.00 km

Jedermannlauf

Category:

Männer M20

Total time: 25:01

Speed: 11.99 km/h

Running performance: 5:00 min/km

Rank in course/Total: 26 (of 64)

Rank in course/Men: 25 (of 45)

Best time in course: 17:19

Rank in category: 4(of 7)

Best time in the category: 17:19